

# Welcome to the Limestone Coast

## The Working Traveller Pack includes

Job Hunting Tips

Local facilities including

- Laundromats/Supermarkets/24hr Service Stations/Markets
- Medical and Health Services
- Taxis
- Post Offices

Tourist Information Centres within the Region

Internet Access

The Casual Labour Market Calendar and Contacts

Employment Agencies and their locations (Mt Gambier region – Refer to Map)

## Job Hunting Tips

You can scan the employment section of the local newspapers or visit the Career Development Centre CDC (15b James Street, Mt Gambier – location on Employment Services Map) and check out the updated daily job board or for a list of all advertised job vacancies in our region, check out the Career Development Centre's website at <http://www.cdc.org.au/jobboard.html> (updated daily).

Alternatively you can call into businesses in person and introduce yourself or register with the local labour hire companies (listed under Labour Hire / Employment Agencies on page 7).

**Seasonal Work** – Use the seasonal casual labour calendar (included in this pack) as a guide, it informs you of what's happening each month and gives some contact details to give you a bit of a start.

*Check the local newspapers for employment vacancies*

**The Border Watch** – Mount Gambier

**The Portland Observer** – Portland

**The Border Chronicle** – Bordertown

**The Kingston Leader** – Kingston SE

*All available through local newsagencies and in some stores*

**The Penola Pennant** - Penola

**The South Eastern Times** - Millicent

**The Naracoorte Herald** - Naracoorte

**Longer Term Employment**

**Limestone Coast  
Career Services**  
Forestry SA Building,  
152 Jubilee Highway East,  
Mount Gambier SA 5290  
Phone: (08) 8723 1057  
Mobile: 0439 047 610



You can register with online employment services such as

[www.seek.com.au](http://www.seek.com.au)

[www.monster.com.au](http://www.monster.com.au)

[www.mycareer.com.au](http://www.mycareer.com.au)

[www.careerone.com.au](http://www.careerone.com.au)

Or register with local agencies – as listed on the Job Services Australia sheet in this pack.

Ensure you have a current resume (always have spare copies) and get a copy put on a memory stick or disc so you can email or download, when/if required. The Career Development Centre can assist you with updating your resume.

## All facilities below are available in Mount Gambier

### Laundromats

Double Bubble	4/252 Commercial St West	0428 254 508
Conroe Soap & Suds	125 North Terrace	0428 382 439
Just Bubbles Laundromat	6/150 Boandik Terrace	08 8725 5417
Rose's Laundromat	115 Commercial St West	08 8725 7929
Sharp & Shiny Laundromat	174 Jubilee Hwy West	0417 853 953
Washday Laundry	144 Penola Road	08 8723 0100
Washroom Laundromat	180 Jubilee Highway East	08 8725 7444

### Supermarkets

Andami IGA Everyday	16 Swallow Drive	08 8723 0333
Coles	Cnr James & Elizabeth St	08 8725 6655
Conroe Foodworks	125 North Terrace	08 8724 9033
Lennon's on Lake Terrace	34 Lake Terrace East	08 8725 1608
Woolworths	Commercial St East	08 8725 8088
Woolworths	Mt Gambier Market Place	08 8723 9119

### 24hr Service Stations

Caltex 24 Hour	141 Commercial St West	08 8725 8233
Mobile Crouch St 24 Hour	116 Commercial St East	08 8725 4200
OTR 24 Hour	29 Penola Road	08 8725 4420

### Markets

Blue Lake Markets	155 Commercial St West	Sat & Sun 11-2pm
Rotary Markets	123 Jubilee Hwy East	Sat mornings 9-12pm

(Located on Commercial Street West)

### Post Offices

Mount Gambier	30 Helen Street	13 13 18
Mount Gambier West	252a Commercial St West	08 8725 2922
Mount Gambier East	266 Commercial St East	08 8725 2049

## For Emergencies Call 000

### Mount Gambier Police Station

42 Bay Road  
08 8735 1020

### SA Ambulance Service

Sturt Street  
08 8723 1211

### Lifeline

24 Hour Telephone Counselling Service  
13 11 14

### Taxi Ranks

4 Bay Road (in front of the Commonwealth Bank)  
21 Helen Street (in front of the Centro Shopping Centre)

Lake City Taxis

08 8723 0000

Vears Taxis

08 8723 6348

Franks Hire Car, Van & Vears Taxis

0418 834 259

Bus Services and Air Travel information is available from "The Lady Nelson" Visitor & Discovery Centre, Mount Gambier or from the Tourist Information Centre in other regions.

## Visitor Information Centres

### Mount Gambier

'The Lady Nelson' Visitor

Information Centre

Jubilee Hwy East

Mt Gambier SA 5290

Freecall: 1800 087 187

Phone: 08 8724 9750

[theladynelson@mountgambier.sa.gov.au](mailto:theladynelson@mountgambier.sa.gov.au)

[www.mountgambiertourism.com.au](http://www.mountgambiertourism.com.au)

[www.naracoortelucindale.com](http://www.naracoortelucindale.com)

### Penola & Coonawarra

Penola / Coonawarra Visitor Centre

27 Arthur Street

Penola SA 5277

Freecall: 1300 045 373

Phone: 08 8737 2855

[penola@wattlerange.sa.gov.au](mailto:penola@wattlerange.sa.gov.au)

[www.wattlerange.sa.gov.au](http://www.wattlerange.sa.gov.au)

### Millicent

Millicent Visitors Information Centre

1 Mount Gambier Rd

Millicent SA 5280

Freecall: 1300 045 373

Phone: 08 8733 3205

[millicent@wattlerange.sa.gov.au](mailto:millicent@wattlerange.sa.gov.au)

[www.wattlerange.sa.gov.au](http://www.wattlerange.sa.gov.au)

### Beachport

Beachport Visitor Information Centre

Millicent Road

Beachport SA 5280

Freecall: 1300 045 373

Phone: 08 8735 8029

[beachport@wattlerange.sa.gov.au](mailto:beachport@wattlerange.sa.gov.au)

[www.wattlerange.sa.gov.au](http://www.wattlerange.sa.gov.au)

### Naracoorte

Naracoorte Visitor Information Centre

36 MacDonnell Street

Naracoorte SA 5271

Freecall: 1800 244 421

Phone: 08 8762 1399

[naracoortevic@nic.sa.gov.au](mailto:naracoortevic@nic.sa.gov.au)

### Bordertown

Bordertown Visitor Information Centre

81 North Terrace, Tolmer Park

Bordertown SA 5268

Phone: 08 8725 0700

[bordertownvic@tatiara.sa.gov.au](mailto:bordertownvic@tatiara.sa.gov.au)

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Forestry SA Building,  
152 Jubilee Highway East,  
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### **Robe**

Robe Visitor Information Centre  
Mundy Terrace  
Robe SA 5276  
Freecall: 1300 367 144  
Phone: 08 8768 2465  
[robetourism@plain.sa.gov.au](mailto:robetourism@plain.sa.gov.au)  
[www.council.robe.sa.gov.au](http://www.council.robe.sa.gov.au)

### **Nelson**

Nelson Visitor Information Centre / Parks  
Victoria  
Leake Street  
Nelson VIC 3292  
Phone: 08 8738 4051  
[nelsonvic@hotmail.net.au](mailto:nelsonvic@hotmail.net.au)  
[www.nelsonvictoria.com.au](http://www.nelsonvictoria.com.au)

## **Visitor Information Outlets**

### **The Coorong & Tintinara**

Becker Terrace  
Tintinara SA 5255  
Phone: 08 8757 2220  
[www.coorong.sa.gov.au](http://www.coorong.sa.gov.au)

### **Keith**

Cnr Dukes Hwy & Riddoch Hwy  
Keith SA 5267  
Phone: 08 8755 1700  
[www.tatiara.sa.gov.au](http://www.tatiara.sa.gov.au)

### **Kingston SE**

1 Princes Hwy  
Kingston SE SA 5275  
Phone: 08 8767 2404  
[www.kingstondc.sa.gov.au](http://www.kingstondc.sa.gov.au)

### **Lucindale & Avenue Range**

43 Musgrave Ave  
Lucindale SA 5272  
Phone: 08 8766 2022  
[council@nlc.sa.gov.au](mailto:council@nlc.sa.gov.au)  
[www.naracoortelucindale.sa.gov.au](http://www.naracoortelucindale.sa.gov.au)

### **Meningie**

Coorong Cottage Industries  
14 Princes Hwy  
Meningie SA 5264  
Phone: 08 8575 1770

### **Port MacDonnell**

5 -7 Charles Street  
Port MacDonnell SA 5291  
Phone: 08 8738 2380  
[rtc@dcgrant.sa.gov.au](mailto:rtc@dcgrant.sa.gov.au)

### **Tailem Bend**

Tailem Bend Railway Station  
Tailem Bend SA 5260  
Phone: 08 8572 4277  
[www.taileminfocentre@gmail.com](mailto:www.taileminfocentre@gmail.com)

## **Limestone Coast Tourism Inc**

**Freecall: 1800 087 087**

## **Internet Services**

**Career Development Centre** – for job search purposes only

Monday to Friday 9 am to 4pm

### **Mount Gambier Library**

Monday	9 am to 6pm
Tuesday	9am to 6pm
Wednesday	9am to 6pm
Thursday	9am to 7pm
Friday	9am to 6pm
Saturday	9.30am to 12.30pm
Sunday	10am to 4pm

Closed Public Holidays

*Refer to Employment Services Location Map*

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# Seasonal Casual Labour

January	February	March	April	May	June	July	August	September	October	November	December	
Cherries	Potatoes					Australian Barley Board					Cherries	
Grapes Shoot bashing	Grapes Hand picking - (Minimal)				Grapes Pruning						Grapes Shoot bashing	
Apples				Olives								
	Shearing							Shearing				
	Onions											
Forestry - Summer Season Fire Crew										Forestry - Fire Crews		
Forestry - Mill Hand												
Dairy/Farm hand												

**Basic requirements: Reliable, have your own transport & flexible to work any days and times.**

## Career Development Centre

[www.cdc.org.au/jobboard.html](http://www.cdc.org.au/jobboard.html)

Phone: (08) 8725 1471

**Gumtree** [www.gumtree.com.au](http://www.gumtree.com.au)

## Australian Barley Board

[www.abb.com.au](http://www.abb.com.au)

## Australian Regional Employment Agencies

[www.areaptyltd.com.au](http://www.areaptyltd.com.au)

Phone: (08) 8564 1111

**Shearing** [www.scaa.org.au](http://www.scaa.org.au)

## Harvest Hotline

[www.harvesthotlineaustralia.com.au](http://www.harvesthotlineaustralia.com.au)

Phone: (07) 4922 6033

**Penola Backpackers \*\*\*\***

[www.penolabackpackers.com.au](http://www.penolabackpackers.com.au)

Phone : 0428 866 700 or (08) 8736 6170

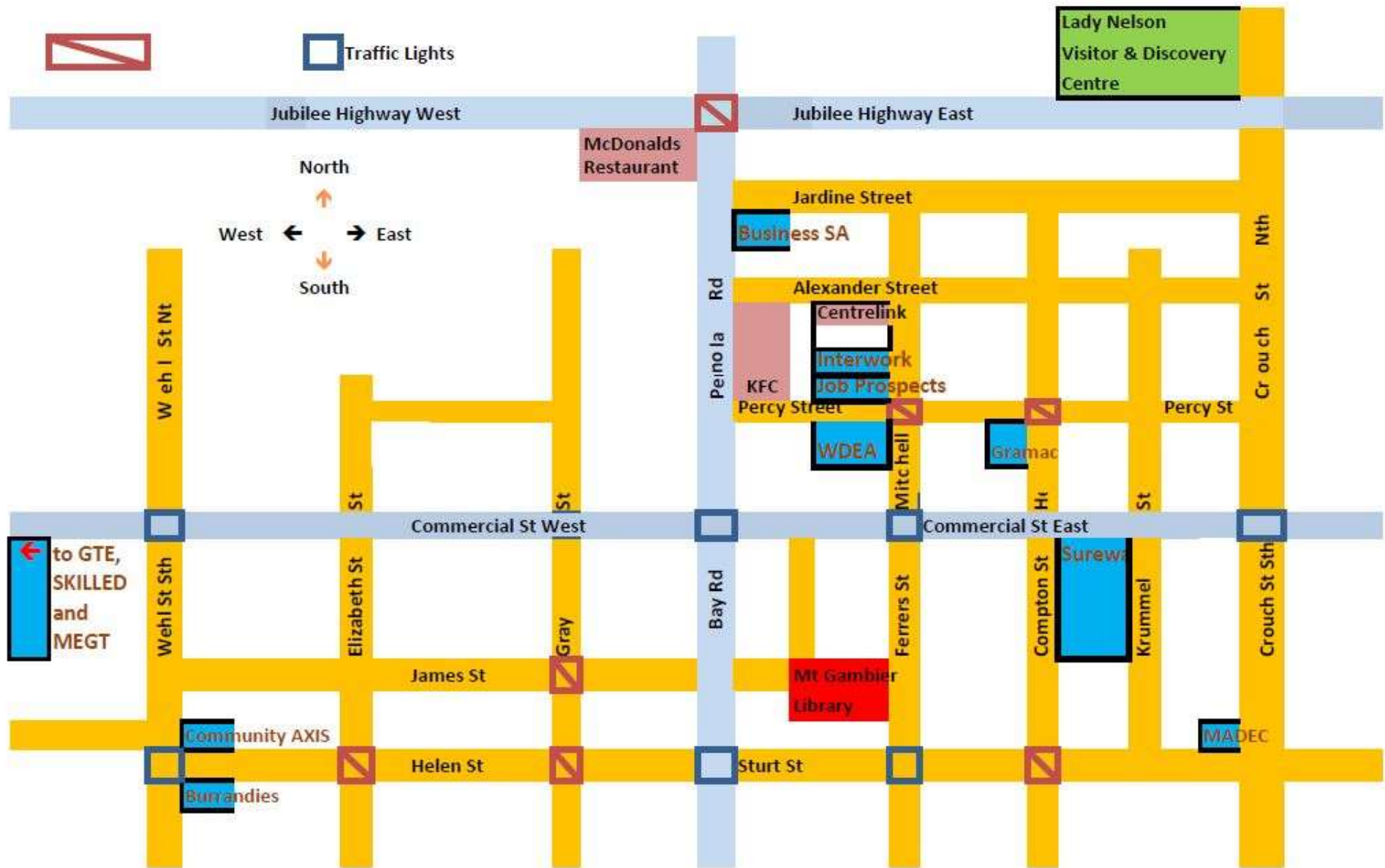
## Harvest Trail

[www.jobsearch.gov.au/harvesttrail/default.aspx](http://www.jobsearch.gov.au/harvesttrail/default.aspx)

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# Employment Services Locations



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## Employment Websites

[www.cdc.org.au](http://www.cdc.org.au)

[www.careersonline.com.au](http://www.careersonline.com.au)

[http://jobsearch.gov.au](http://http://jobsearch.gov.au)

[www.careerone.com.au](http://www.careerone.com.au)

[www.australianapprenticeships.gov.au](http://www.australianapprenticeships.gov.au)

[www.police.sa.gov.au](http://www.police.sa.gov.au)

[www.jobjuice.gov.au](http://www.jobjuice.gov.au)

[www.nacinfo.com.au](http://www.nacinfo.com.au)

[www.bluecollar.com.au](http://www.bluecollar.com.au)

[www.defencejobs.gov.au](http://www.defencejobs.gov.au)

[www.seek.com.au](http://www.seek.com.au)

## Job Active Australia

**If you are unemployed and receiving Centrelink payments, you must be registered with one of the Job Network providers.**

### **Job Prospects**

5 Percy Street,

**Mt Gambier** 5290

Phone: 8724 0600

Fax: 8724 0601

Email: [mount.gambier@jobprospects.com.au](mailto:mount.gambier@jobprospects.com.au)

Website: [www.jobprospects.com.au](http://www.jobprospects.com.au)

### **Sureway Employment and Training**

2/88 Commercial St East

**Mt Gambier** 5290

Phone: 8707 2700

Website: [www.sureway.com.au](http://www.sureway.com.au)

### **MADEC Australia**

16 Crouch Street South

**Mt Gambier** 5290

Phone: 8724 3700

Fax: 8724 9192

Email: [mountgambier@madec.edu.au](mailto:mountgambier@madec.edu.au)

Website: [www.madec.edu.au](http://www.madec.edu.au)

## Job Placement Providers

**You can register with as many Job Placement Organisations as possible, such as:-**

### **Gramac Solutions**

1A Hedley Street

**Mt Gambier** 5290

Phone: 8724 8577

Fax: 8724 8599

Email: [info@gramac.com.au](mailto:info@gramac.com.au)

Website: [www.gramacsolutions.com.au](http://www.gramacsolutions.com.au)

### **Skilled**

173 Commercial Street West

**Mt Gambier** 5290

Phone: 8726 5700 or 1300 361 582

[www.skilled.com.au](http://www.skilled.com.au)

### **Group Training Employment (G.T.E.)**

Apprenticeship-Traineeship/Services

175 Commercial Street West

**Mt Gambier** 5290

Phone: 8721 2345

Fax: 8725 5560

Email: [admin@gte.org.au](mailto:admin@gte.org.au)

Website: [www.gte.org.au](http://www.gte.org.au)

### **Business SA**

Apprenticeship-Traineeship/Services

20 Penola Road

**Mt Gambier** 5290

Phone: 8723 3313

Email: [jasminep@business-sa.com](mailto:jasminep@business-sa.com)

Web: [www.business-sa.com](http://www.business-sa.com)

### **Limestone Coast**

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Mount Gambier SA 5290

Phone: (08) 8723 1057

Mobile: 0439 047 610



## **MEGT**

Apprenticeship-Traineeship/Services  
173 Commercial Street West  
**Mt Gambier** 5290  
Phone: 8724 0444  
Email: [julie\\_howe@megt.com.au](mailto:julie_howe@megt.com.au)  
Website: [www.megt.com.au](http://www.megt.com.au)

## **Indigenous Employment Services**

**Burrandies** – Pangula Mannamurna Inc.  
68/70 White Avenue  
**Mt Gambier** 5290  
Phone: 8725 6200  
Fax: 8725 6299  
Email: [admin@burrandies.org](mailto:admin@burrandies.org)  
Website: [www.burrandies.org](http://www.burrandies.org)

## **Disability Employment Services**

### ***Community AXIS Employment***

40 Helen Street  
**Mt Gambier** 5290  
Phone: 8723 1615  
Freecall: 1800 907 407  
Outreach Services in **Millicent, Naracoorte,  
Bordertown & Kingston**  
Website: [www.communityaxis.com.au](http://www.communityaxis.com.au)

### ***Interwork WISE Limited***

5 Percy Street  
**Mt Gambier** 5290  
Phone: 8725 3525  
1800 851 262  
Fax: 8725 0168  
\_Website: [www.interwork.com.au](http://www.interwork.com.au)

### ***Western Districts Employment Access***

Shop 1, 2 Mitchell Street  
**Mt Gambier** 5290  
Phone: 8707 9920  
Fax: 8723 9683